

# ST. MARY SUNDOWN SHOWDOWN

Friday, September 02, 2022



OFFICIAL MEET REPORT  
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**Race #1**  
**WOMEN • 5 Kilometers (3.11 Miles)**

## Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Spread
1 ST. MARY (KS)	29	1:41.3
2 BENEDICTINE (KS)	37	0:48.2
3 WILLIAM WOODS	66	1:29.0
4 MID AMERICA NAZAREN	112	1:56.4
5 GRAND VIEW	129	1:39.2
6 OTTAWA (KS)	180	6:27.9

### INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
1 Alyssa ARMENDARIZ	SR	ST. MARY (KS)	1	18:51.88	6:03.9	3:46.4
2 Riley HIEBERT	JR	ST. MARY (KS)	2	19:04.34	6:08.0	3:48.9
3 Caroline COBO	SR	BENEDICTINE (KS)	3	19:42.40	6:20.2	3:56.5
4 Reagan HIEBERT	JR	ST. MARY (KS)	4	19:42.47	6:20.2	3:56.5
5 Mary ROLWES	JR	BENEDICTINE (KS)	5	19:46.22	6:21.4	3:57.2
6 Isabella GUERRA	SR	BENEDICTINE (KS)	6	19:53.17	6:23.7	3:58.6
7 Ellie DIMOND	JR	WILLIAM WOODS	7	20:12.16	6:29.8	4:02.4
8 Maddy WALTER-SHERRET	JR	ST. MARY (KS)	8	20:18.09	6:31.7	4:03.6
9 Alicia ENGELBRECHT	SR	WILLIAM WOODS	9	20:22.64	6:33.1	4:04.5
10 Siena MICHAEL	FR	BENEDICTINE (KS)	10	20:23.61	6:33.4	4:04.7
11 Crystal RUDEN	FR	WILLIAM WOODS	11	20:27.11	6:34.6	4:05.4
12 Abigail ALRED	SO	MID AMERICA NAZ	12	20:29.11	6:35.2	4:05.8
13 Alexa LAMB	FR	BENEDICTINE (KS)	13	20:30.56	6:35.7	4:06.1
14 Mallory GALLET	SR	ST. MARY (KS)	14	20:33.13	6:36.5	4:06.6
15 Gemma DOWNEY	SO	BENEDICTINE (KS)	(15)	20:36.41	6:37.6	4:07.3
16 Julia MCLAUGHLIN	SO	BENEDICTINE (KS)	(16)	20:37.64	6:38.0	4:07.5
17 Josie TYRRELL	FR	ST. MARY (KS)	(17)	20:41.29	6:39.1	4:08.3
18 Kate MADSEN	SO	ST. MARY (KS)	(18)	20:42.69	6:39.6	4:08.5
19 Mekayla GIBSON	SO	WILLIAM WOODS	19	20:53.18	6:43.0	4:10.6
20 Catherine AARON	FR	BENEDICTINE (KS)	-	21:05.93	6:47.1	4:13.2
21 Carlie GREGG	JR	ST. MARY (KS)	-	21:06.95	6:47.4	4:13.4
22 Abigail WHITE	FR	ST. MARY (KS)	-	21:13.26	6:49.4	4:14.7
23 Emilia DIAZ	FR	ST. MARY (KS)	-	21:27.87	6:54.1	4:17.6
24 Lily MENGHINI	JR	BENEDICTINE (KS)	-	21:34.21	6:56.1	4:18.8
25 Mary GROVER	JR	WILLIAM WOODS	20	21:41.08	6:58.4	4:20.2
26 Kayla OVERTON	FR	GRAND VIEW	21	21:43.65	6:59.2	4:20.7
27 Liberty LEIS	SO	GRAND VIEW	22	21:54.54	7:02.7	4:22.9
28 Riley FISHER	SR	ST. MARY (KS)	-	21:56.47	7:03.3	4:23.3
29 Olivia SIEFKER	FR	MID AMERICA NAZ	23	22:01.45	7:04.9	4:24.3
30 Reagan CLARK	FR	ST. MARY (KS)	-	22:03.42	7:05.5	4:24.7
31 Abigail ZITTER	JR	MID AMERICA NAZ	24	22:05.59	7:06.2	4:25.1
32 Gracie ENOCHS	FR	MID AMERICA NAZ	25	22:07.75	7:06.9	4:25.6
33 Abigail MONAGHAN	FR	ST. MARY (KS)	-	22:19.77	7:10.8	4:28.0
34 Faith NEELEY	FR	GRAND VIEW	26	22:22.89	7:11.8	4:28.6
35 Ikilas HASAN	SO	GRAND VIEW	27	22:23.49	7:12.0	4:28.7
36 Cassi REYES	FR	MID AMERICA NAZ	28	22:25.48	7:12.6	4:29.1

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## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
37 Mikaela LEMELIN	FR	WILLIAM WOODS	(29)	22:45.11	7:18.9	4:33.0
38 Justine WHEELER	JR	MID AMERICA NAZ	(30)	22:50.78	7:20.8	4:34.2
39 Myra BAKER	FR	WILLIAM WOODS	(31)	22:55.82	7:22.4	4:35.2
40 Kate HAVNER	SO	ST. MARY (KS)	-	23:08.17	7:26.4	4:37.6
41 Sage ADAM	FR	MID AMERICA NAZ	(32)	23:09.33	7:26.7	4:37.9
42 Paige THOMPSON	JR	GRAND VIEW	33	23:22.85	7:31.1	4:40.6
43 Lily MEYER	FR	OTTAWA (KS)	34	23:39.08	7:36.3	4:43.8
44 Destiny ESCOBAR	SR	OTTAWA (KS)	35	23:50.31	7:39.9	4:46.1
45 Kyah WEIRICH	FR	WILLIAM WOODS	-	24:22.62	7:50.3	4:52.5
46 Annalynn EARLEY	SO	MCC-LONGVIEW	-	24:44.52	7:57.3	4:56.9
47 Savanna MCCLURG	FR	MCC-LONGVIEW	-	26:12.75	8:25.7	5:14.6
48 Jennae RAMIREZ	SO	OTTAWA (KS)	36	28:21.63	9:07.1	5:40.3
49 Jordyn WEEMS	SO	OTTAWA (KS)	37	30:06.85	9:41.0	6:01.4
50 Juliet LANE	JR	OTTAWA (KS)	38	30:06.96	9:41.0	6:01.4

# ST. MARY SUNDOWN SHOWDOWN

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**Race #2**  
**MEN • 8 Kilometers (4.97 Miles)**

## Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Spread
1 ST. MARY (KS)	21	0:28.8
2 BENEDICTINE (KS)	62	1:41.9
3 FIRST CITY TRACK	66	1:58.3
4 GRAND VIEW	104	0:48.0
5 WILLIAM WOODS	113	3:51.0
6 MID AMERICA NAZAREN	169	2:57.9

### INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
1 Johnathan BOWEN		FIRST CITY TRAC	1	24:56.34	5:01.1	3:07.0
2 Ryan HELINE	SO	ST. MARY (KS)	2	25:23.81	5:06.6	3:10.5
3 Elvis ROJAS-KING	JR	ST. MARY (KS)	3	25:24.99	5:06.8	3:10.6
4 Luis PEREZ	SO	ST. MARY (KS)	4	25:44.75	5:10.8	3:13.1
5 Brig MERRITT	SR	ST. MARY (KS)	5	25:47.62	5:11.4	3:13.5
6 David MANNELLA	JR	BENEDICTINE (KS)	6	25:48.87	5:11.6	3:13.6
7 Liam NEIDIG	SO	ST. MARY (KS)	7	25:52.58	5:12.4	3:14.1
8 Landon DUNLAP	SR	WILLIAM WOODS	8	25:56.25	5:13.1	3:14.5
9 Joseph ACCRUSO	FR	BENEDICTINE (KS)	9	26:09.15	5:15.7	3:16.1
10 Brendan ERWIN	SR	ST. MARY (KS)	(10)	26:09.33	5:15.8	3:16.2
11 Gabriel FRIESS	SO	BENEDICTINE (KS)	11	26:15.70	5:17.0	3:17.0
12 Thaddeus FRIESS	SR	BENEDICTINE (KS)	12	26:17.99	5:17.5	3:17.2
13 Paul BECKER		FIRST CITY TRAC	13	26:26.81	5:19.3	3:18.4
14 Dylan STOLTZFUS	JR	ST. MARY (KS)	(14)	26:30.56	5:20.0	3:18.8
15 Jacob RICE-STEWART		FIRST CITY TRAC	15	26:37.46	5:21.4	3:19.7
16 Chris METZ	SO	ST. MARY (KS)	-	26:41.56	5:22.2	3:20.2
17 Seth KILBORN	SR	GRAND VIEW	16	26:45.82	5:23.1	3:20.7
18 Jenson STARR	JR	WILLIAM WOODS	17	26:47.57	5:23.5	3:20.9
19 Max LINDGREN		FIRST CITY TRAC	18	26:51.58	5:24.3	3:21.4
20 Kaden COOLEY	JR	ST. MARY (KS)	-	26:52.98	5:24.5	3:21.6
21 Christian GRAHAM		FIRST CITY TRAC	19	26:54.60	5:24.9	3:21.8
22 Dawson ADAMS	SO	ST. MARY (KS)	-	26:57.15	5:25.4	3:22.1
23 Carter HUYSER	JR	GRAND VIEW	20	26:58.02	5:25.6	3:22.3
24 Sam MICKELSON	JR	GRAND VIEW	21	27:02.49	5:26.5	3:22.8
25 Michael HOWELL	FR	ST. MARY (KS)	-	27:15.03	5:29.0	3:24.4
26 Austin O'DWYER	JR	ST. MARY (KS)	-	27:15.44	5:29.1	3:24.4
27 Isaiah WITTRICK	SR	GRAND VIEW	22	27:17.71	5:29.5	3:24.7
28 Michael GALLEGOS	SO	ST. MARY (KS)	-	27:21.69	5:30.3	3:25.2
29 Dominick BEINE	SO	ST. MARY (KS)	-	27:24.35	5:30.9	3:25.5
30 Ian SCHWIERJOHN	SO	WILLIAM WOODS	23	27:30.15	5:32.0	3:26.3
31 Luke GODARD	SR	BENEDICTINE (KS)	24	27:30.72	5:32.1	3:26.3
32 Chris HATCH	SR	GRAND VIEW	25	27:33.77	5:32.8	3:26.7
33 Brayden MYERS	SR	ST. MARY (KS)	-	27:39.25	5:33.9	3:27.4
34 Will HENRY		FIRST CITY TRAC	(26)	27:44.62	5:34.9	3:28.1
35 Albert MALIKO	SR	MID AMERICA NAZ	27	27:47.27	5:35.5	3:28.4
36 Tommy BAKER	SO	ST. MARY (KS)	-	27:53.08	5:36.6	3:29.1

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**Race #2**  
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## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
37 Robert HUEBERT	SR	ST. MARY (KS)	-	27:57.83	5:37.6	3:29.7
38 Nicolas THOMPSON	FR	GRAND VIEW	(28)	28:08.87	5:39.8	3:31.1
39 Thomas CAMPBELL	SO	BENEDICTINE (KS)	(29)	28:10.31	5:40.1	3:31.3
40 Keenan CURP	FR	MCC-LONGVIEW	-	28:11.20	5:40.3	3:31.4
41 Matthew CAVANAUGH	FR	BENEDICTINE (KS)	(30)	28:12.92	5:40.6	3:31.6
42 Conner BLIXT	SO	MCC-LONGVIEW	-	28:17.94	5:41.6	3:32.2
43 Michael HOGAN	FR	BENEDICTINE (KS)	-	28:21.80	5:42.4	3:32.7
44 Nathan LIMAS	FR	GRAND VIEW	(31)	28:34.57	5:45.0	3:34.3
45 Connor KLOCKE	FR	BENEDICTINE (KS)	-	28:36.01	5:45.3	3:34.5
46 Jack WHEELER	FR	BENEDICTINE (KS)	-	28:50.04	5:48.1	3:36.3
47 Jonathan TORRES	FR	OTTAWA (KS)	-	29:07.87	5:51.7	3:38.5
48 Alex SODERBERG	SO	GRAND VIEW	-	29:10.51	5:52.2	3:38.8
49 Gus STEPHANOS	SR	ST. MARY (KS)	-	29:22.16	5:54.6	3:40.3
50 Philip JOSEPH	JR	BENEDICTINE (KS)	-	29:28.11	5:55.8	3:41.0
51 Dustin RUSSELL	SO	WILLIAM WOODS	32	29:32.80	5:56.7	3:41.6
52 Kevin FLANNIGAN	SO	ST. MARY (KS)	-	29:44.33	5:59.0	3:43.0
53 Orion PARKER	SO	WILLIAM WOODS	33	29:47.23	5:59.6	3:43.4
54 Tyrese BISHOP	FR	HIGHLAND CC	-	29:47.79	5:59.7	3:43.5
55 Samuel PYLE	SO	HIGHLAND CC	-	30:02.64	6:02.7	3:45.3
56 Noah SISEMORE	SO	MCC-LONGVIEW	-	30:04.38	6:03.1	3:45.5
57 Bret BOURQUIN	SO	MID AMERICA NAZ	34	30:13.60	6:04.9	3:46.7
58 Patrick JACOBS	FR	MID AMERICA NAZ	35	30:27.52	6:07.7	3:48.4
59 Wyatt OHNEMUS	FR	MID AMERICA NAZ	36	30:37.34	6:09.7	3:49.7
60 Juan BALLESTEROS	SR	MID AMERICA NAZ	37	30:45.09	6:11.2	3:50.6
61 Frederic ZHENG	FR	WILLIAM WOODS	(38)	30:45.49	6:11.3	3:50.7
62 Bramwel KOSGEI	SO	MID AMERICA NAZ	(39)	30:59.53	6:14.2	3:52.4
63 Seth DISER	JR	GRAND VIEW	-	31:02.62	6:14.8	3:52.8
64 Trent SIVOLA	SR	GRAND VIEW	-	31:09.04	6:16.1	3:53.6
65 Campbell MURRA	SO	GRAND VIEW	-	31:17.56	6:17.8	3:54.7
66 Marc FARRIS	FR	MID AMERICA NAZ	(40)	32:10.38	6:28.4	4:01.3
67 Rashad MEADERS	FR	WILLIAM WOODS	(41)	32:36.19	6:33.6	4:04.5
68 Trey GALVAN	FR	ST. MARY (KS)	-	32:41.86	6:34.7	4:05.2
69 Aidan THOMAS	SO	MID AMERICA NAZ	-	34:30.87	6:56.7	4:18.9
70 Tyler TOMLINSON	FR	MCC-LONGVIEW	-	34:44.71	6:59.5	4:20.6
71 Paul HEDDINGS	FR	MID AMERICA NAZ	-	35:00.04	7:02.5	4:22.5